

Volunteer opportunity  
**FOODBANK CENTRE**



**BLYTHSWOOD CARE**

Blythswood Care provides practical help for those in need, regardless of their political or religious beliefs or ethnic origins. We help transform lives, serving marginalised and vulnerable people at home and overseas through Education, Community and Gospel.

The Foodbanks exist to meet an identified need in Scotland – to help people who are in financial crisis with a three-day supply of nutritious non-perishable food. Their aim is to meet the person requiring Foodbank's help at their point of need and to offer food and a listening ear in a warm, non-judgemental environment.

**PURPOSE of ROLE**

- Welcoming people who are referred to Foodbank in a relaxed, friendly way; serving tea/coffee and offering a listening ear, signposting to local services appropriate to current needs.
- Preparing food parcels

**MAIN TASKS**

- A friendly and warm welcome given to everyone referred to Foodbank
- The ability to get alongside people and signpost to relevant services available to them in the community

**PERSON SPECIFICATION**

- Good personal hygiene necessary
- Good listening skills essential
- Some manual handling required
- Ability to work both independently and as part of a team
- This role would suit someone who has either 4 hours a week or 2 days
- This role does require a regular time commitment

**WHERE & WHEN?**

WHERE: Highland Foodbank, Glebe Street, Inverness, Caithness Foodbank, Tain Foodbank, Alness & Invergordon Foodbank, Dingwall Foodbank, Nairn Foodbank, Badenoch & Strathspey Foodbank

DEPARTMENT: Highland Foodbank

LINE MANAGER: Foodbank Manager

WHEN: Monday - Friday between 9am-5pm.

**WHY VOLUNTEER?**

It's good for your health, you may learn new skills, and gain a new perspective, you will definitely meet new people. It's inspiring, it's fun and you'll be giving something back - these are only a few reasons! Join us and be part of a community giving their time and talents to help people affected by poverty, rejection and isolation in the Highland area.

**INTERESTED?**

Any questions contact us on 01349 830777 or [volunteer@blythswood.org](mailto:volunteer@blythswood.org), otherwise please complete and return an application form and send to Blythswood Care, Highland Deephaven, Evanton, Ross-shire, IV16 9XJ or to [volunteer@blythswood.org](mailto:volunteer@blythswood.org).