

## Fundraising Ideas – Knitting



**We are so thankful to our supporters who faithfully knit for us every year for our annual Shoe Box Appeal. If you are interested in helping to raise funds for our Appeal by using your knitting talents then please see the ideas below.**

- Set up your own “Sponsored Knit in” to help raise funds for your local Sorting Station or just the Shoe Box Appeal generally. \*\*
- Can you break a world record with your knitting? Gather some friends together and start knitting for our Shoe Box Appeal.
  - How many scarfs can you knit in a day?
  - What’s the quickest time for knitting a pair of mittens?
- Can you set up a ‘Knitting Week’ at your church, your knitting group or just with some friends to gather people together and knit specifically hats, scarfs and gloves/mittens for the shoeboxes.
- Can you set up a ‘Sponsored Knit’ for 8 hours with a group of knitters?

*The world record for the most stitches knitted in one minute is held by Miriam Tegels of the Netherlands who hand knitted 118 stiches in 60 seconds!!*

(With all these ideas you would ask to be sponsored to help raise funds for the Shoe Box Appeal 2021 and on our website under Fundraising you can print off a Blythswood Care sponsorship form.)

### \*\* “Sponsored Knit In” idea

Take a look at the video in this section under Shoe Box Appeal and ‘Knitting’ and watch an interview with one of our SE England supporters who set up a “Sponsored Knit In” at her church to help raise funds for our Shoe Box Appeal. She has done this for over 3 years now and so far has raised almost £3000. Listen to her explain how her “Knit In” works and if this is something that you could set up in your area or adapt to help raise much needed funds for our annual Shoe Box Appeal.

Do contact the Fundraising Team at [fundraising@blythswood.org](mailto:fundraising@blythswood.org) if you are setting up your own sponsored Knitting challenge. Our area fundraisers would love to support you and please do send us any photos of your challenge and the knitting produced. Happy Knitting!!

Please find two different hat patterns from two different volunteer knitters.

### **KNITTED HAT**

Size 5mm needles.

Double knitting wool.

Cast on 70, 80 or 90 stitches.

k2, p2 rib for 7-8 inches depending on size

To shape top:

- Row 1 – (k8, k2 tog) to end
- Row 2 – alternate even rows - purl
- Row 3

## **SIMPLE SCARF**

Size 5mm needles.

Double knitting wool.

Cast on 30 stitches.

Knit in garter stitch for 36 – 40 inches.

There are many pretty stitches that can be used.

Try double moss stitch (k2, p2) for two rows then alternate OR basket stitch (k4, p4) for four rows then alternate.

You will need 28-32 stitches for this.

*Lorna, South East England*

Snoods are a useful item for putting in our shoeboxes, please find a pattern below for you to try.

## **AN EASY SNOOD**

Size 8mm needles

Measure approximately 40cm wide and 61cm long

Gauge: 11stitches and 14 rows = 10cm in stocking stitch

Cast on 58 stitches

- Row 1: Purl
- Row 2: k2tog, but DO NOT slip stitch from needle.
- Insert right-hand needle between stitches, just knit tog.
- And knit the first stitch again, then slip both stitches from needle.
- Repeat this until the end of row.
- Row 3: Purl
- Row 4: k1. K2tog, but DO NOT slip stitch from needle.

Insert right-hand needle between stitches, just knit together.

And knit the first stitch again, then slip both stitches from needle.

Repeat this until last stitch k1.

These 4 rows form a diagonal pattern.

Continue even in pattern until work from beginning measures approximately 61cm, ending on a 2<sup>nd</sup> or 4<sup>th</sup> row.

Cast off purlwise

Sew cast on and cast off edges together

*June, Central Scotland*

**MITTENS** to fit a 14yr old  
(8yr old and 5yr old respectively in brackets)

Mittens are a good way of using up small quantities of wool, as you can introduce many patterns of stripes.

**Right mitten:**

Size 11mm needles. Cast on 42 (34,26) stitches and work 16 (14,12) rows in k1, p1 rib.  
Change to 9mm needles and work 2 rows stocking stitch.

Shape for thumb gusset:

- Row 1: k21 (17,13) inc. in next stitch, k1, inc in next st, knit to end.
- Rows 2, 3, 4: Stocking stitch
- Row 5: k21 (17,13) inc. in next stitch, k3, inc in next st, knit to end.
- Rows 6, 7, 8: Stocking stitch
- Row 9: k21 (17,13) inc. in next stitch, k5, inc in next st, knit to end.
- Rows 10, 11, 12: Stocking stitch

Continue increasing in this way on every fourth row until you have 52 (42,34) stitches, ending with a purl row.

Thumb:

Row 1: k34 (28,24), turn

Row 2: k1, p12 (10,9), cast on 3 (3,2) stitches, turn.

Work a further 16 (12,10) rows in stocking stitch on these stitches.

Shape top of thumb:

Row 1: k2 (1,0), \*k2 tog, k1, rep from \* to end.

Row 2: k1, purl to last stitch, k1

Row 3: k1 (0,0), \*k2 tog, rep. from \* to end

Draw up and fasten off and sew up thumb seam.

Palm:

With right side of work facing, rejoin yarn and knit up 3 (3,2) stitches fro base of thumb, then knit to end of row.

Work 29 (23,17) rows in stocking stitch.

Shape top of mitten:

Row 1: k1, k2 tog, k15 (11,7), skypo, k1) twice

Row 2: k1, p17 (13,9), k1) twice

Row 3: k1, k2 tog, k13 (9,5), skypo,k1) twice

Row 4: k1, p15 (11,7), k1) twice

Row 5: k1, k2 tog, k11 (7,3), skypo, k1) twice

Row 6: (k1, p13 (9,5), k1) twice.

Cast off small size.

Work a further two rows for middle size and four rows for larger size in the same manner, then cast off.

### **Left mitten:**

Size 11mm needles. Cast on 42 (34,26) stitches and work 16 (14,12) rows in k1, p1 rib.  
Change to 9mm needles and work 2 rows stocking stitch.

Shape for thumb gusset:

- Row 1: k17 (14,10) inc. in next stitch, k1, inc in next st, knit to end.
- Rows 2, 3, 4: Stocking stitch
- Row 5: k17 (14,10) inc. in next stitch, k3, inc in next st, knit to end.
- Rows 6, 7, 8: Stocking stitch
- Row 9: k17 (14,10) inc. in next stitch, k5, inc in next st, knit to end.
- Rows 10, 11, 12: Stocking stitch

Continue increasing in this way on every fourth row until you have 52 (42,34) stitches, ending with a purl row.

Thumb:

Row 1: k31 (25,20), turn

Row 2: k1, p12 (10,9), cast on 3 (3,2) stitches, turn.

Work a further 16 (12,10) rows in stocking stitch on these stitches.

Shape top of thumb:

Row 1: k2 (1,0), \*k2 tog, k1, repeat from \* to end.

Row 2: k1, purl to last stitch, k1

Row 3: k1 (0,0), \*k2 tog, repeat from \* to end

Draw up and fasten off and sew up thumb seam.

Palm:

With right side of work facing, rejoin yarn and knit up 3 (3,2) stitches from base of thumb, then knit to end of row.

Work 29 (23,17) rows in stocking stitch.

Shape top of mitten as for right hand mitten

Sew up top and side seams

*Lorna, South East England*