

Reverse Advent Calendar Highland Foodbank



We'd be grateful if you would consider donating the following items during November, to give us time to add the items to food parcels for people in need locally this Christmas.

November 2023

1 st	Tin of mince
2 nd	Small packet of biscuits
3 rd	Hot water bottle
4 th	Box of washing powder
5 th	Carton of UHT milk
6 th	Sanitary items
7 th	Tin of potatoes
8 th	Men's deodorant
9 th	Small tin of ham
10 th	Jar of jam
11 th	Tin of carrots
12 th	£3 to help with deliveries
13 th	Toothpaste
14 th	Tin of corned beef
15 th	Packet of sweets
16 th	Tin of fruit
17 th	Packet of cream crackers
18 th	Bag of sugar
19 th	Small jar of instant coffee
20 th	Selection box
21 st	Toilet rolls
22 nd	Carton of long life juice
23 rd	Bar of chocolate
24 th	Jar of pasta sauce
25 th	Women's deodorant
26 th	Large tin of ham
27 th	Tin of chopped tomatoes
28 th	Shower gel
29 th	Bag of crisps/pringles
30 th	Box of 6 mince pies



We need your kind donations to be handed in to our Foodbank warehouse, 1 Glebe Street, Inverness, IV1 1RF or any of our shops **no later than the first week in December.**

Please note that the items we have asked for are not our exhaustive list, but items we are shorter of.

Foodbank enquiries: 01463 717630
blythswood.org/foodbank_advent

Thank You

**Blythswood Care, Highland Deephaven,
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