



Volunteer opportunity  
**FOODBANK WAREHOUSE ASSISTANT**

**BLYTHSWOOD CARE**

Blythswood Care provides practical help for those in need, regardless of their political or religious beliefs or ethnic origins. We help transform lives, serving marginalised and vulnerable people at home and overseas through Education, Community and Gospel.

The Foodbanks exist to meet an identified need in Scotland – to help people who are in financial crisis with a three-day supply of nutritious non-perishable food. Their aim is to meet the person requiring Foodbank's help at their point of need and to offer food and a listening ear in a warm, non-judgemental environment.

**PURPOSE of ROLE**

- To help with the efficient running of the central Foodbank warehouse in Inverness, ensuring that donated food is weighed-and stored in the designated crates

**MAIN TASKS**

- Help with the day-to-day running of a busy Foodbank warehouse including weighing donations of food, sorting food by category and use-by date and packing it for delivery to Foodbank Centres.
- Receiving crates and/or bags of food from donors/deliveries at the Foodbank warehouse.
- Lifting and handling donations of food.

**PERSON SPECIFICATION**

- Good personal hygiene when working with food products necessary
- Ability to undertake light manual handling
- Ability to work both independently and as part of a team
- Ability to keep motivated whilst performing monotonous duties
- This role would suit someone who has either 2 hours a week or 2 days a week.

**WHERE & WHEN?**

WHERE: Highland Foodbank, Glebe Street, Inverness

DEPARTMENT: Highland Foodbank

LINE MANAGER: Foodbank Warehouse Co-ordinator

WHEN: Monday - Friday between 9am-5pm.

**WHY VOLUNTEER?**

It's good for your health, you may learn new skills, and gain a new perspective, you will definitely meet new people. It's inspiring, it's fun and you'll be giving something back - these are only a few reasons! Join us and be part of a community giving their time and talents to help people affected by poverty, rejection and isolation in the Highland area.

**INTERESTED?**

Any questions contact us on 01349 830777 or [volunteer@blythswood.org](mailto:volunteer@blythswood.org), otherwise please complete and return an application form and send to Blythswood Care, Highland Deephaven, Evanton, Ross-shire, IV16 9XJ or to [volunteer@blythswood.org](mailto:volunteer@blythswood.org).