

# Shoe Box Appeal Filler Ideas

## Teenage Girl/Boy

### Woman

Make-up  
Sanitary products  
Shampoo  
Nail varnish  
Small scissors  
Tape measure

### Girl/Boy age 3 - 12

(Please choose items appropriate  
to the age of child you have chosen)

Sewing/craft kit  
Chalk  
Paint by numbers  
Paints  
Colouring/sticker book  
Crayons/Stationery  
Jewellery/Beads  
Socks  
T-shirt  
Pyjamas  
Toy car/truck  
Skipping ropes  
Lego  
Board game  
Small ball  
Playing cards

Make-up  
Craft kit  
Jewellery  
Hair brush  
Nail varnish  
Hair band  
Diary  
Manicure set  
Tennis ball  
Puzzles  
Board game  
Wind-up torch  
Dominoes  
Deodorant  
Thermal vest

### Man

Dominoes  
Pack of cards  
Tools  
Tape measure  
Tin cup  
Wind-up torch  
Shaving brush  
Pen

### Elderly woman

Hand cream  
Folding walking stick  
Slippers  
Candle  
Tin cup  
Small clock  
Tights

Blythswood request that each shoebox contains a toothbrush and toothpaste,  
underwear, soap, sweets, toy/gift, scarf, gloves and hat

Please see some other shoebox filler ideas above

**THANK YOU VERY MUCH FOR YOUR SUPPORT**



# Shoe Box Appeal 2025

Thank you so much for taking part in our 2025 Shoe Box Appeal.

The need for a shoebox gift remains, and we are so thankful for your support.

For Christmas delivery, your shoebox should be ready for collection at your collection point during the last week of October/beginning of November.

**Due to customs restrictions we cannot accept baby pouches or powder; talcum powder, batteries, family sized bottles, mouthwash, first aid kits, seeds, plasters, paracetamol, food, chocolate, hand made or knitted stuffed toys, war related items such as guns, knives, or military figures.**

Please see our website for for updates and additional information

[shooboxappeal.org](http://shooboxappeal.org)

**Thank you for bringing warmth, joy and hope this Christmas**

## Shoe Box Appeal 2025 Certificate of Thanks

Last year over 85,000 boxes were delivered to people in need across Eastern Europe last winter. This winter, we will again be sending shoeboxes to people in Eastern Europe. Your support is greatly appreciated.

We would love to send your group a certificate of thanks. To request a certificate, please complete the form below and hand it into one of our shoebox sorting stations, or post to our head office in Evanton (the address is at the bottom of this sheet)

If you have any questions, please phone 01349 830777 or email [info@blythswood.org](mailto:info@blythswood.org)

**Please complete all sections marked with an asterisk (\*). We're unable to send certificates without a full postal address.**

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\*Organisation Name:

\* Contact Person:

**Address:**

\*Street:

\*Town:

\* Postcode:

Telephone Number:

Email:

**To find out how we take care of your information go to [blythswood.org/privacy-policy](http://blythswood.org/privacy-policy). If you want to change how we keep in touch with you, call us on 01349 830777 or email: [info@blythswood.org](mailto:info@blythswood.org)**